

# IMPORTANT NOTICE - ALLERGIES

At going greek, we follow strict hygiene and food safety practices. Whilst every effort is made to avoid cross-contamination, dishes containing certain allergens are prepared in our kitchen. Therefore, in addition to those specified on our allergen charts, all dishes on our menu may contain traces of nuts, gluten, mustard, sesame seeds, peanuts, soya, sulphur dioxide, lupin or celery.



# DISHES AND THEIR ALLERGEN CONTENT – Going Greek - Gyros, Cypriot Kebabs & Souvlaki

DISHES						lupin Flour	Milk		MUSTARD			SEAM ON		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	/			1	1		<b>/</b>		-					
Chicken Gyro		X		x			X		x				х	
Crispy Chicken Gyro		х		х			X		x				х	
Vegan Gyro		х										Х		
Lamb Gyro		х		х			Х						Х	
Chicken Kebab		х		х					х					
Lamb Kebab		х												Х
Mixed Kebab		х		х					х					Х
Chicken Souvlaki		х		х					х					
Lamb Souvlaki		х		х			х							х
Halloumi Souvlaki		х					X					Х		



# DISHES AND THEIR ALLERGEN CONTENT – Going Greek - Gyros, Cypriot Kebabs & Souvlaki

DISHES						Lupin Flour	Milk		MUSTARD			SSAM ON .		Boer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bang Bang Chicken Gyro		х		Х			Х		х				х	
Bang Bang Chicken Kebab		х		х					х					



# **DISHES AND THEIR ALLERGEN CONTENT – Going Greek - Homely Dishes**

DISHES						Lupin Flour	Milk		MUSTARD			FRANCE OF THE PROPERTY OF THE		WNE Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	/			<b>√</b>	<b>√</b>		<b>√</b>		<b>/</b>					
Pastichio	х	х		х			х							
Meatballs & Chips (Chicken)		х		х										
Meatballs (Chicken)		х		х										
Vegan Mousaka	х													



# DISHES AND THEIR ALLERGEN CONTENT – Going Greek - Naked Souvlaki /Salads

DISHES					Do.	Lupin Flour	Milk		MUSTARD			SSSAM ON		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	/			<b>√</b>	1		<b>√</b>		1					
Naked Chicken Souvlaki	x	x		Х			Х		x					
Naked Halloumi Souvlaki	х	х					Х							
Naked Lamb Souvlaki	х	х					Х							Х
Naked Chicken Gyro	х	х					Х						Х	
Naked Lamb Gyro	х	х					Х						х	
Naked Vegan	х	х												
Greek Salad							Х							
Naked Crispy Chicken Souvlaki		х		Х					х				х	



#### **DISHES AND THEIR ALLERGEN CONTENT – Going Greek - Sauces**

DISHES						.upin Flour	Milk		MUSTARD			NS.MI		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	/			<b>√</b>	<b>√</b>		<b>√</b>		1					
Chilli Sauce														
Tzatziki Sauce							Х							
Hummus Sauce												Х		
Garlic Sauce				Х										
GG Sauce				Х					х					
Ketchup	Х													
Fava	Х													
Tyrokafteri				Х			Х						Х	

# **DISHES AND THEIR ALLERGEN CONTENT – Going Greek - Sharing Plates**

DISHES						upin Flour	Milk		MUSTARD			SSEAM)		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	<b>/</b>			1	1		1		<b>√</b>					
Kalamata Olives														
Tzatziki							х							
Hummus												х		
Tarama		Х			Х									
Tahini												х		
Beetroot Salad														
Crabstick Salad		Х	х	Х	Х			Х						
Giant Beans (Gigantes)														х
Meatballs (Keftedes)		Х		Х										
Halloumi Bites							Х		Х					



Cheese Pie		х			Х				
Spinach Pie		X			Х				
Grilled Halloumi					Х				
Bulgur Wheat	X	x							
Hand-Cut Chips									
Hand-Cut Feta Chips					Х				
Loaded Chips			Х		Х	х		Х	
Chicken Skewer			Х			х			
Lamb Skewer				 				 	Х



#### **DISHES AND THEIR ALLERGEN CONTENT – Going Greek - Sweet Treats**

DISHES					D.	Lupin	Milk		MUSTARD			SSMM ON		Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	/			<b>√</b>	<b>√</b>		<b>√</b>		<b>√</b>					
Baklava		X					X			х				Х
Ekmek		x		Х			х			х			Х	Х
Mocha Madness		X		Х			X						Х	X
Ferrero Pie		x		Х			x			x			Х	X
Rice Pudding		x												



#### **DISHES AND THEIR ALLERGEN CONTENT – Going Greek - Hot Drinks and Iced Coffees**

DISHES					Do.	Jupin Flour	Milk		MUSTARD			SSUM		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	/			<b>√</b>	1		<b>√</b>		<b>√</b>					
Greek Coffee														
Espresso														
Cappuccino							Х							
Latte							Х							
Flat White							Х							
English Breakfast Tea														
Freddo Espresso							Х							
Freddo Cappuccino							х							



# **DISHES AND THEIR ALLERGEN CONTENT – Going Greek** – Kids Meals

DISHES					P.	Lupin Flour	Milk		MUSTARD			ISSAM STAN		Beer
	Celery	Cereals containin g gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	<b>√</b>			1	1		1		1					
Grilled chicken cubes for kids (served with veg sticks, hummus, bulgur/chips)	Х	Х					Х		Х			Х		
Meatballs for kids (served with veg sticks, hummus, bulgur/chips)	X	X		Х			Х					×		
Halloumi for kids (served with veg sticks, hummus, bulgur/chips)	Х	Х										Х		
							×							